

EQUIPMENT LIST FOR PARATY 2026

Clothing:

6 T-shirts (2 will be provided)
1 warm sweater or sweatshirt
1 pair of jeans or long trousers
4 pairs of shorts, leggings, skirts or dresses
1 tracksuit for hiking: tadel or lycra
2 swimming costumes
1 pair of pyjamas or nightdress
Socks & underwear
1 fold up raincoat (must be durable)
1 pair of flip-flops/chinelos
1 large bath towel (swimming)
1 sun hat
1 pair of tennis/training shoes
1 pair of old tennis shoes that can go in the mud

Toiletries:

Exposis, Off, or similar insect repellent
Shampoo and conditioner
Toothbrush & toothpaste
Sun protection lotion (minimum Factor 30)

Other Essential items:

Pencil case
Reading book(s)
Torch (flashlight)
1 **small** rucksack for day use
Water bottle (cantil)
Essential medication if appropriate (to hand to teacher responsible on departure)

NOT allowed:

Chewing gum
Sweets, etc.
Jewellery
Expensive electronics

Desirable items:

Sunglasses

Information about electronic items and smartphones

For our upcoming trip to Paraty, we kindly request that children do not bring mobile phones or any other electronic devices. These items will not be necessary, as we will ensure regular updates are provided via Class Dojo to keep you informed. Additionally, an out-of-hours emergency contact number will be available for any urgent needs.

Please note that any electronic devices found in the possession of children during the trip to Paraty will be confiscated immediately. Furthermore, a behaviour consequence will be applied. This measure is in place to ensure that all students fully engage in the activities and experience without distractions. We appreciate your support in adhering to this policy.

Pocket money

There will be a brief stopover at an ice cream shop, at the end of our historical town trail. The children are therefore welcome to bring some pocket money. A maximum of R\$ 50,00 in small bills is recommended for this purpose. They will not be allowed to bring any more money.