

## **PETAR - LIST OF CLOTHES AND EQUIPMENT**

Please remember that Petar is a long way from São Paulo and the weather is likely to change very rapidly. Your child needs to be prepared for all climatic eventualities.

### **For the Return Journey**

One small bag to be left in the bus during the whole trip with clean, dry clothes to be used on the way back: 1 shirt, 1 pair of trousers / shorts, tennis shoes and underwear.

### **Essential Clothing**

- 2 sweaters
- 1 anorak / rain coat
- 2 tracksuits for hiking: tadel, lycra or moleton (no jeans)
- 1 pair of trousers
- 1 pairs of shorts or bermudas
- 3 t-shirts
- 2 long sleeved t-shirt
- 1 pair of pyjamas
- 4 pairs of thick socks
- 4 pairs of underwear
- 2 pairs of tennis shoes (1 pair with thick soles and good grip for hiking)
- 1pair of sandals
- cap
- 1 wash bag with soap, toothbrush, tooth paste and other toiletries
- 1 towel for showers
- 1 towel for swimming
- 1 bathing suit

### **Sleeping and Eating**

- 1 sleeping bag (essential)
- 1 plastic bowl (could be Tupperware)
- 1 plastic cup or mug
- 1 fork and spoon (metal or hard plastic)
- 3 plastic bags for dirty laundry

### **Survival Equipment**

- sun protection lotion
- mosquito repellent
- 1 small backpack (mochila) with two wide straps
- 1 plastic bottle for water
- 1 powerful electric torch / headlamp
- Extra batteries for the torch
- Essential medication if appropriate. (to hand to teacher responsible on departure)
- 2 large plastic bags for clothes in case of rain

### **Optional Equipment**

Portable camera / pair of binoculars / plotting compass

- **Please do not bring any portable electronic equipment, sharp instruments or items of value.**

### **PLEASE DO NOT FORGET:**

**An authenticated copy of you son/ daughter's ID document or passport**